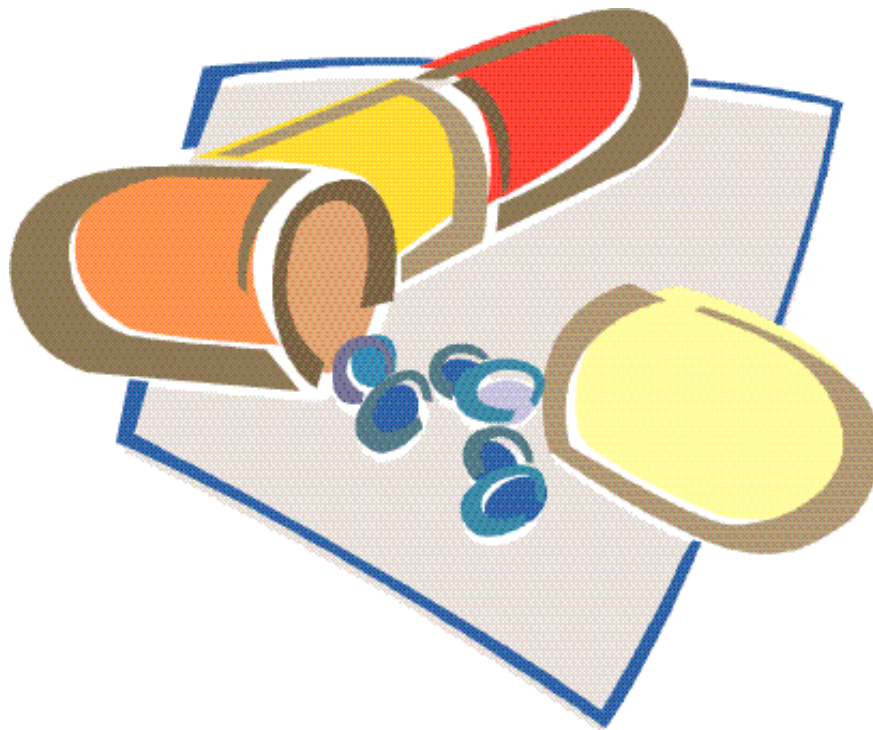


# Medicine Safety begins with You!



**O** **P**atient **S**afety **I**nstitute  
of The Ohio Health Council

# Ask Questions!

Medicines can make you feel good, but you must take them the right way.

Your doctor, nurse or pharmacist can help you learn to take your medicines safely.

Ask your doctor about your medicines so you can take them the right way.

What is the name of the medicine?

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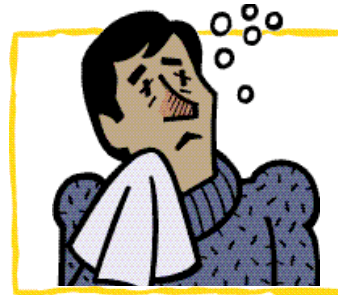
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Why am I taking this medicine?

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How much should I take and when should I take it?

- morning \_\_\_\_\_
- noon \_\_\_\_\_
- evening \_\_\_\_\_
- bedtime \_\_\_\_\_

How many days do I take it?

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What bad things can happen from taking this medicine? (side-effects)

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Are there any foods or drinks I should not have while taking this medicine?

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What vitamins, herbals and home cures such as garlic and ginko should I not use while taking this medicine?



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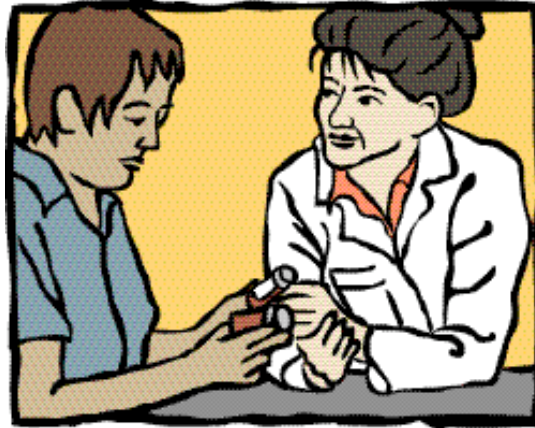
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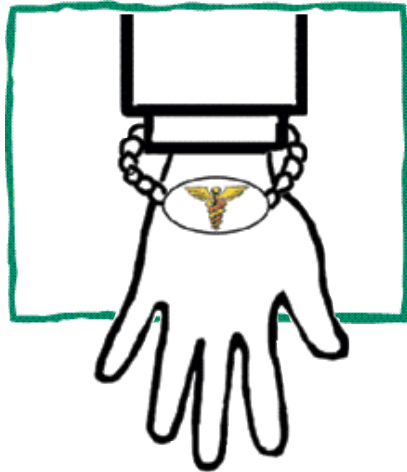
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# Talk with your Doctor . . .

***Tell your doctor***  
about other  
medications  
you take.



***Tell your doctor***  
about any problems with your medications.

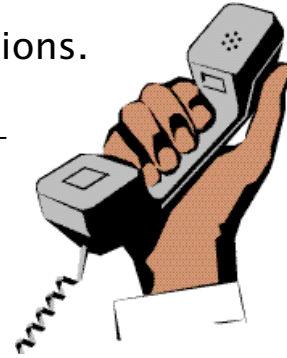


***Tell your doctor***  
about your allergies.

## ... Take Action!

Call your doctor's office with questions.

( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_



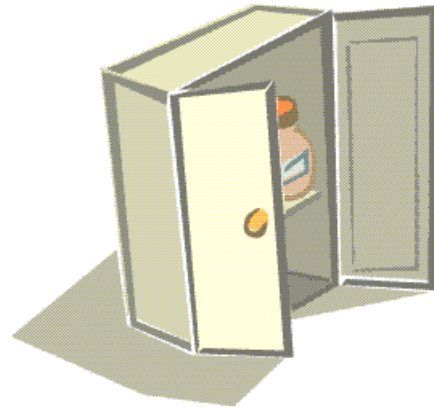
Get help ***right away***  
if you have  
itching,  
swelling or  
breathing problems  
or  
call **9 - 1 - 1**

Use the  
same drugstore  
so the pharmacist  
has a copy  
of your medicines.





Store your medicines  
in a dry place.  
Keep them away  
from heat or sunlight.  
Do not store them  
in a bathroom,  
over the stove,  
or in the car.



Keep your medicines  
away from kids and pets.

Do not share medicines with others.



Cross out your name  
and throw into the trash.

For more information,  
call 1-800-766-6762



[www.ohiopatientsafety.org](http://www.ohiopatientsafety.org)

This guide  
to safe medication use  
was prepared by the  
Ohio Patient Safety Institute  
in conjunction with  
Project: LEARN  
of Summit County

Funded by Ohio  
Medical Quality  
Foundation